



# THROWING OF THE CROSS AT CRAB MEADOW BEACH AND CHURCH PICNIC

Sunday, September 20<sup>th</sup>

Liturgy 9:30 a.m. at St. Paraskevi

Agaismos, Throwing of the Cross and Church Picnic  
at 11:30am at Crab Meadow Beach

Please join us at our **New Location, Crab Meadow Beach** for the annual throwing of the Cross. **Divine Liturgy will take place at the Church this year at 9:30am.** Following the service we will head to **Crab Meadow Beach**, where an Agiasmos service will take place at 11:30am, followed by the Throwing and Retrieval of the Cross at the beach. GOYA age young people (13-18) are invited to dive in after the cross. A special toss for JOY age children (7-12) will also take place.

Following the throwing of the Cross, we will have our annual Church picnic. Please stay afterwards with your families and enjoy the rest of the morning and early afternoon eating and playing as a community. We will provide the meats, breads and beverages. Please bring a side dish if you can do so.